

GLUTEN FREE

PLEASE SPECIFY GLUTEN FREE WHEN YOU ORDER

(as some dishes on this menu are variations of items on the main menu)

BRUNCH *served all day*

GF Lounge Breakfast 8.25

Smoked back bacon, hash browns, baked beans, slow-roasted tomato, sautéed mushrooms, fried egg and a toasted gluten free roll

GF Veggie Breakfast 7.95

Homemade veggie sausages, hash browns, baked beans, slow-roasted tomato, sautéed mushrooms, spinach, wood-roasted pepper, fried egg and a toasted gluten free roll

GF Lounge Eggs

Two poached eggs served with hollandaise sauce on a toasted gluten free roll with...

- Smoked back bacon 6.95
- Sautéed mushrooms 6.95
- Wilted spinach 6.95
- Smoked salmon 8.50
- Chorizo, pepper, guacamole & rocket 7.50

GF Avocado Brunch 8.25

with lime, chilli, coriander and tomato topped with a poached egg on a toasted gluten free roll

GF Bacon Butty 4.95

Smoked streaky or back bacon on a gluten free roll

Extras...

- Fried or Poached Egg 60p • Sautéed Mushrooms 1.25
- Spinach 80p • Avocado 1.50 • Maple Syrup 1.00
- Smoked Back or Streaky Bacon 1.00 • GF Falafel 1.75
- Hash Browns 80p • Gluten Free Roll 1.25 • Hollandaise 80p

SOUP OF THE DAY

(please ask for today's options)

with a gluten free roll and butter 4.95

SIDES

Fries 2.25

(with cheese add 55p)

Sweet Potato Fries 3.50

Tenderstem Broccoli 2.50

with chilli & garlic

House Slaw 2.50

Rocket, Cherry Tomato & Parmesan Salad 2.50

PUDDINGS

GF Warm Chocolate Brownie (n) 5.50

with vanilla ice cream and chocolate sauce

GF The Lounge Sundae (n) 5.95

with brownie pieces and chocolate sauce or raspberries, banana, strawberries and peach sauce

TAPAS

served with gluten free bread 4.25 each or 3 for 10.95

Patatas Bravas
with roasted garlic mayo

Hummus
with extra virgin olive oil and smoked paprika

Halloumi, Courgettes & Peppers
pan-fried in rose harissa

Smoked Paprika Pulled Chicken & Chorizo
with fried potatoes

Avocado, Tomato & Chilli Dip
with toasted pumpkin seeds and smoked paprika

BURGERS

served in a gluten free bun with house slaw and fries or salad

ALL BURGERS AVAILABLE 'NAKED' (SERVED ON LETTUCE INSTEAD OF A BUN)

upgrade to sweet potato fries 1.25

GF Lounge Burger 9.95

6oz beef patty, lettuce, tomato, red onion, gherkin and burger sauce

GF Chicken, Bacon & Avocado Burger 10.95

Grilled herb-marinated chicken breast with smoked streaky bacon, avocado, tomato, lettuce, garlic mayo and burger sauce

GF Sweet Potato Falafel Burger 9.95

with rocket, tomato, red onion, gherkin and beetroot hummus

GF Hero Burger 10.95

6oz beef patty, chorizo, mature cheddar, fried red onion, chimichurri, chipotle mayo and marinated chilli (*truly heroic with an extra 6oz beef patty 2.50*)

Burger Toppings...

- Smoked Streaky Bacon 1.00 • Cheddar 80p • Fried Egg 60p • Hummus 80p • Jalapeños 80p
- Hash Browns 80p • Sautéed Mushrooms 1.25 • Guacamole 80p • Blue Cheese 1.00
- Chorizo 1.00 • Avocado 1.50

MAINS

GF Steak Sandwich 8.95

Gluten free roll filled with marinated bavette steak, fried red onions, baby kale, mature cheddar and garlic butter, served with house slaw (*add fries 1.50*)

GF Tin Pan Louie's Beef Chilli 8.95

Slow-cooked American-style chunky beef chilli, served with basmati rice, sour cream and mature cheddar (*add jalapeños 80p*)

GF Mexican Superbowl 8.25

Spiced black beans, avocado rice, lime-marinated kale, spiced sweet potato & butternut squash with sour cream and a mango, tomato & chilli salsa (*add spiced chicken or chorizo or halloumi 2.50*)

GF Steak Frites 14.95

8oz 28 day-aged Black Angus sirloin steak with garlic butter, wild rocket & parmesan salad and fries

SALADS

GF Big Lounge Salad 7.25

Avocado, spinach, wild rocket, cherry tomatoes, sugar snap peas, tenderstem broccoli and parmesan tossed in French vinaigrette

GF Grilled Halloumi & Falafel Salad 8.95

with butternut squash, wood-roasted peppers, edamame beans, black quinoa, mixed leaves, coriander and balsamic & honey dressing

GF Chicken, Bacon & Avocado Salad 8.50

Herb-marinated chicken, smoked streaky bacon and avocado with red onion, mixed leaves and balsamic tomatoes, topped with toasted seeds and parmesan

Extras...

- Smoked Streaky Bacon 1.50 • Goat's Cheese 2.50 • Halloumi 2.50 • Avocado 1.50
- Chorizo 2.50 • Blue Cheese 2.50 • GF Falafel 1.75 • Herb-Marinated Chicken Breast 2.50
- Moroccan-Spiced Chicken 2.50



If you require information on allergens within our dishes, please ask a member of staff.

(n) contains nuts

VEGAN

PLEASE SPECIFY VEGAN WHEN YOU ORDER

(as some dishes on this menu are variations of items on the main menu)

BRUNCH

served all day

Vegan Breakfast 6.95
Homemade vegan sausages, hash browns, baked beans, slow-roasted tomato, sautéed mushrooms, spinach, wood-roasted pepper and toast

Vegan Avocado Brunch 6.25
with lime, chilli, coriander and tomato on toasted ciabatta

Toast 2.25
Two slices of white or brown with vegan spread and jam or marmalade or Marmite



TAPAS

served with ciabatta

3.75 each or 3 for 9.95

Vegan Patatas Bravas
Hummus
with extra virgin olive oil and smoked paprika

Avocado, Tomato & Chilli Dip
with toasted pumpkin seeds and smoked paprika

SIDES

Ciabatta 1.25
with olive oil and balsamic

Fries 2.25

Sweet Potato Fries 3.50

Tenderstem Broccoli 2.50
with chilli & garlic

Vegan House Slaw 2.50

Rocket & Cherry Tomato Salad 2.25



IF YOU REQUIRE INFORMATION ON ALLERGENS WITHIN OUR DISHES

Please ask a member of staff

(n) contains nuts

SOUP OF THE DAY

Please ask for today's options

with warm ciabatta 4.50

MAINS

Vegan Burrito Wrap 6.25
Black beans, avocado rice, baby kale, tomato, lime and chilli, served with vegan house slaw *(add fries 1.50)*

Vegan Falafel & Hummus Wrap 6.95
with red cabbage, wild rocket and carrot tapenade, served with vegan house slaw *(add fries 1.50)*

Vegan Mexican Superbowl 7.95
Spiced black beans, avocado rice, lime-marinated kale, spiced sweet potato & butternut squash with a mango, tomato & chilli salsa

Sweet Potato Falafel Burger 8.95
with rocket, tomato, red onion, gherkin and beetroot hummus, in a sourdough bun, with vegan house slaw and fries or salad *(upgrade to sweet potato fries 1.25)*

Burger Toppings...

Hummus 80p • Sautéed Mushrooms 1.25 • Jalapeños 80p
Guacamole 80p • Avocado 1.50

SALADS

Vegan Big Lounge Salad 7.25
Avocado, spinach, wild rocket, cherry tomatoes, sugar snap peas and tenderstem broccoli tossed in French vinaigrette dressing

Vegan Falafel Salad 7.95
with butternut squash, wood-roasted peppers, edamame beans, black quinoa, mixed leaves, coriander and French vinaigrette dressing

Extras...

Falafel 1.50 • Avocado 1.50

CAKES

Dark Chocolate & Ginger Torte 2.75

Fruity Flapjack 1.85



PLEASE PLACE YOUR ORDER AT THE BAR

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